

# Cell Phone Contract for Teens

## Teen Expectations:

1. I acknowledge that having a cell phone is a privilege and will not take it for granted.
2. I **will always** answer calls from my parents, or if I miss a call from them, I will call them back immediately.
3. I **will** be completely open and honest with how I am using the phone, what I communicating and what others are communicating to me.
4. I **will** protect my privacy and will not give my cell phone number to anyone I do not personally know.
5. I **will not** bring my cell phone to school if it is prohibited. Or if it is allowed at school, I will keep it in my backpack and turned off until school is dismissed.
6. I **will not** use my cell phone after \_\_\_\_\_ pm on a school night or after \_\_\_\_\_ pm on a non-school night, unless given permission by my parents.
7. I **will not** send inappropriate, hurtful or threatening text messages.
8. I **will not** say or text anything that I wouldn't say in person with my parents listening.
9. I **will not** take, send, or post any pictures or videos of myself or anyone without my parents' and the person's permission.
10. I **will not** enable or disable any setting on my phone without my parents' permission.
11. I **will not** download anything from the internet or call toll numbers without my parents' permission.
12. I **will not** be disruptive in my cell phone use and will end a call or stop texting when asked.
13. I **will** pay for any charges above and beyond the usual monthly fee.
14. I **will** provide my parents with any usernames or passwords to any social media/app account I may have.

## Parent Expectations:

1. I will respect my child's privacy when he/she is talking or texting on the phone.
2. If I have a concern, I have the right to read text messages or review call logs without telling my child first.
3. I will pay the standard monthly fee for the cell phone.

Teen Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Terms of this agreement will be reviewed every \_\_\_\_\_ (days, weeks, months) and changes made accordingly.



Contract Between Parents & Teenagers